

★ *Starflower's* ★  
★ *Spiritual Alchemy* ★  
★ *Mentoring Tuition* ★  
★ *Prospectus* ★



***Dr Sonia Jenkinson***

\* Doctor of Metaphysical Sciences \*  
\* Spiritual Alchemist \*

\* Reiki Master \* Teacher \*

\* Crystal Therapist \* Spiritual Artist \* Kinesiologist \*  
\* Feng Shui Specialist \* Numerologist \* Intuitive Oracle \*



\* *Starflower's Crystal Wisdom* \*  
\* **ACADEMY OF SPIRITUAL ALCHEMY** \*

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\* *Starflower's Spiritual Alchemy Prospectus* \*

# \*Starflower's Spiritual Alchemy Mentoring Tuition\*



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### \* COURSE SUMMARY \*

* STARFLOWER'S SPIRITUAL ALCHEMY TUITION *			
MODULE	SUBJECT	DURATION Days (Hours)	INVESTMENT
1	<i>Reiki 1</i>	2 (16hrs)	\$550
	<i>Reiki 2*</i>	2 (16hrs)	\$550
	<i>Reiki Master*</i>	2 (16hrs)	\$1500
2	<i>The Chakra System</i>	2 (16hrs)	\$550
3	<i>Starflower's Crystal Therapy 1</i>	2 (16hrs)	\$550
	<i>Starflower's Crystal Therapy 2*</i>	2 (16hrs)	\$550
	<i>Starflower's Crystal Therapy Master*</i>	2 (16hrs)	\$1500
4	<i>The Tarot</i>	2 (16hrs)	\$550
5	<i>Mystical Numbers</i>	2 (16hrs)	\$550
6	<i>Elemental Alchemy</i>	2 (16hrs)	\$550
7	<i>Feng Shui</i>	1 (8hrs)	\$550
* STARFLOWER'S SPIRITUAL ALCHEMY MENTORING TUITION *			
Pre-requisites: Modules 1, 2, 3, 4, 5, 6, 7			
8	<i>Spiritual Artist</i>	3 (24hrs)	\$1500
9	<i>The Pendulum Master*</i>	5 (40hrs)	\$5500
10	<i>Feather Wand</i>	1 (8hrs)	\$550
11	<i>Starflower's Spiritual Alchemy Mentoring*</i>	2 (16hrs) (2 Days of Tuition) 5 x 3hr Sessions receiving Spiritual Mentoring	\$5500

On Completion of **7 Modules** you will be awarded a  
Certificate of Attainment for **Starflower's Spiritual Alchemy**

On Completion of **all 11 Modules** you will be awarded a  
Certificate of Attainment for **Starflower's Spiritual Alchemy Mentoring**

\* Pre-Requisites Apply to attend these Subjects

# \*Starflower's Spiritual Alchemy Mentoring Tuition\*



**Begin your Training today from Apprentice to  
Master Spiritual Alchemist & Mentor at**

**\* Starflower's Crystal Wisdom \***  
**\* ACADEMY OF SPIRITUAL ALCHEMY \***

**\* TRAINING is available by Appointment for Individuals & Small Groups \***

**A comprehensive Training Course approved by the International Institute for  
Complementary Therapists (IICT) which explores all Facets of  
\* Metaphysics & Spiritual Alchemy \***



**\* You will Attain Skills, Knowledge, & Mastery \***

**Available by Appointment for individuals & small groups if you wish to:**

**\* LEARN A NEW SKILL \***  
**\* CREATE A REWARDING CAREER \***  
**\* EXPLORE YOUR CREATIVITY \***  
**\* ACTIVATE & STRENGTHEN YOUR INTUITION \***

**\* All Tuition Modules are available by Appointment and attendance is in person to ensure that you receive maximum attention and answers to all of your specific questions.**

**\* Each Tuition Module is tailored to suit your specific requirements and attendance time is flexible to suit your busy schedule.**

**\* If you would rather be the only student in a personalized session then this is my specialty.**

**\* Small groups of students are also very welcome and lots of fun**

**\* Simply choose the Tuition Module which you would like to explore, pick a date which suits us both & Enjoy the experience!**

**\* If you are only interested in Training in one particular Module, for example, Reiki, fabulous!! You always have the option of continuing your Tuition in other Modules if you wish. **Please note:** some Modules are a complete qualification, while others have pre-requisites and must be attended as part of a Tuition package. You will receive your Certificate of Attainment on Successful Completion of each individual Module.**

**\* \* Begin your journey today to attain true Spiritual Gold \* Self Mastery!! \* \***

# **\*Starflower's Spiritual Alchemy Mentoring Tuition\***

## **\* Starflower's Spiritual Alchemy Tuition \***

To achieve the **Starflower's Spiritual Alchemy** qualification, this training option requires the successful completion of **7 Modules** as listed in the **Course Summary**.

## **\* Starflower's Spiritual Alchemy Mentoring Tuition \***

To achieve the **Starflower's Spiritual Alchemy Mentoring** qualification, this training option requires the successful completion of all **11 Modules** as listed in the **Course Summary** after a **minimum period of 12 months** of enrolment.

## **\* Individual Modules \***

**Please note:** some Modules are a complete qualification, while other subjects within a Module have pre-requisites and must be attended in the appropriate order, for example, Reiki 1, Reiki 2, Reiki Master. Some Modules must be attended as part of a Tuition package. You will receive your Certificate of Attainment on Successful Completion of each individual Module.

## **\* Training Packages \***

A completely personalized training package will be created to meet your individual requirements.

## **\* Assessment \***

Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist during your Training. You will receive your **Starflower's Spiritual Alchemy Certificate** on successful completion of **7 Modules** (Modules 1-7). You will receive your **Starflower's Spiritual Alchemy Mentoring Certificate** on Successful Completion of all **11 Modules** which also requires the completion of **8 Case Studies**: You are required to complete 8 Case Studies for 8 different clients demonstrating competency in your skills & knowledge as a Metaphysical Practitioner.

- **Reiki:** 2 Clients
- **Crystal Therapy:** 2 Clients
- **The Pendulum:** 2 Clients
- **Spiritual Alchemy Mentoring:** 2 Clients

Access to ongoing support & mentoring is available as required.

## **\* Review & Revision \***

If you feel guided, Review & Revision Days are available during your Training which will be offered for an attendance fee of **\$350** per person, per day.

## **\* Repeat Attendance \***

Repeat attendance of any individual Subjects / Modules will be charged at  $\frac{1}{2}$  the price of the full course fee, provided you bring along your Course Manual and any necessary equipment. If you do not bring along your Manual you will be required to pay the full price fee of the course, in which case you will receive a New Manual and all associated materials for each specific course. Any additional / updated notes will be provided by me at no extra charge. You will receive a New Certificate of Attainment.

## **\* Spiritual Alchemy Therapy Sessions \***

When choosing to attend any of the Tuition Modules it is recommended that you consider experiencing periodic **Spiritual Alchemy Therapy Sessions** as you feel guided, throughout the duration of your Training, to support the integration of new levels of energy and information.

**Therapy Session \$350 per person, per session**

**\* \* Please contact me to discuss your personalized Training Program \* \***

**Begin your journey today to attain true Spiritual Gold \* Self Mastery \***

## REIKI 1 TUITION



*Reiki is an ancient form of energy therapy also known as 'Hands on Healing'. The specialist Reiki Practitioner channels and directs the **Divine Source Energy** through the palms of their hands which are placed on specific locations on the recipient's body or in their energy field allowing a flow of energy transfer. This is a very gentle, nurturing form of therapy where the recipient may experience a greater sense of peace, deep relaxation, and an overall sense of wellbeing. Learning Reiki 1 is ideal for use on yourself, friends, and family members, including pets! Reiki is also a spiritual method for personal growth and transformation. You will receive your training in the Traditional Usui System of Reiki including Lineage originating with Dr Mikao Usui.*

**2 Days 9am – 5pm**

**You will receive:**

- *Reiki 1 Attunement*
- *Reiki 1 Manual*
- *Workbook*
- *Coloured Pens*
- *Practical Experience of Giving and Receiving Reiki*
- *Certificate of Attainment*

*Please wear comfortable clothes & bring your own lunch.*

### Assessment

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Reiki 1 Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

### TOPICS COVERED IN REIKI 1 TUITION

- *What is Reiki?*
- *The History of Reiki*
- *Reiki Lineage*
- *The 5 Spiritual Principles of Reiki*
- *Effects of Reiki*
- *Other Uses of Reiki*
- *Reiki Hand Positions for Yourself & Others*
- *Grounding Techniques*
- *How to Give & Receive a Reiki Treatment / Session*
- *The Human Aura & Chakra System....a brief overview & summary*
- *What to expect after your Attunement ... The 21 Day Cleanse Process*
- *Use of Crystals with Reiki Session*
- *How to Cleanse & Care for your Crystals*
- *Initiating appropriate exchange for your Reiki Services*

## REIKI 2 TUITION



*Learn the art of Distance Healing. You will learn 3 of the Sacred Reiki Symbols and how to apply these in sending healing energy over distance. This energy has a gentle power which is beneficial for all beings. You will receive your training in the Traditional Usui System of Reiki including Lineage originating with Dr Mikao Usui.*

**2 Days 9am – 5pm**

**You will receive:**

- *Reiki 2 Attunement*
- *Reiki 2 Manual including 3 Sacred Reiki Symbols*
- *Workbook*
- *Coloured Pens*
- *Practical experience of giving and receiving a Reiki 2 Distance Healing*
- *Certificate of Attainment*

**Pre-requisite: Reiki 1 Tuition is a pre-requisite to attending this workshop.**

*Please wear comfortable clothes and bring along your own lunch.*

### **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Reiki 2 Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

### **TOPICS COVERED IN REIKI 2 TUITION**

- *The 3 Sacred Reiki Symbols - Primary Function, How to Draw, Practical Uses*
- *Applying the Symbols to a Hands on Healing Reiki Session*
- *Practical uses for the Reiki Symbols*
- *What to expect after your Attunement ... The 21 Day Cleanse Process*
- *Ethics of being a Reiki Practitioner*
- *Formula for Sending Reiki Healing over Distance using the Symbols*
- *How to set up a Business*

## **REIKI MASTER**



*Making the decision to step into the energy of Reiki Master is a commitment to your own Self Development and Self-Empowerment process. Each day will include information and exercises to strengthen your Intuition, Self-Knowledge and Practical Skills. The Reiki Master Attunement aligns you further with your Divine Life Purpose and you will begin to walk your path through life with Clarity, Wisdom, Confidence, Love and Joy!*

**2 Days 9am – 5pm**

**Pre-requisites: Reiki 1 and Reiki 2**

**You will receive:**

- *Reiki Master Attunement*
- *Reiki Master Manual including the 2 Reiki Master Symbols, Reiki Attunement process, and Teaching Reiki 1, 2, and Master level*
- *Practical Experience of Passing an Attunement*
- *Workbook*
- *Coloured pens*
- *Crystal*
- *Certificate of Attainment*

*You will receive your training in the Traditional Usui System of Reiki including Lineage originating with Dr Mikao Usui. Please bring along your own lunch and any special items, for example crystals, which you wish to be Attuned to the energy of Reiki Master.*

### **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Reiki Master Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

### **TOPICS COVERED IN REIKI MASTERS TUITION**

- *Ethics of being a Reiki Master*
- *Reiki Master Symbols – Primary Function, How to Draw, Practical Uses*
- *What to expect after your Attunement ... The 21 Day Cleanse Process*
- *The Attunement Process – How to Pass an Attunement*
- *How to Teach a Reiki 1, Reiki 2, Reiki Masters Workshop*
- *How to Create a Lesson Plan*
- *How to Set up a Business*

# THE CHAKRA SYSTEM

Explore your Chakra Energy System with Crystals, Colour, Sound, Mists, & Guided Meditation



**2 Days 9am – 5pm**

- \* Create Abundance \*
- \* Improve your Health \*
- \* Create Balance and Harmony \*
- \* Attract Love & Joy into your Life \*
- \* Activate & Enhance your Intuition \*
- \* **This course must be attended as a facet of Starflower's Spiritual Alchemy Tuition \***

## You will receive:

- Chakra Set of 7 Crystals
- Manual
- Workbook
- Coloured Pens
- Certificate of Attainment

Join in for 2 fun days of exploration and discovery. Learn about your Chakra System and the important part it plays in maintaining excellent health. With the assistance of Crystals, Colour, Sound (Energy Chimes & Crystal Lyre), Oracle Cards, and Guided Meditation you will learn basic techniques to develop and further enhance your intuition and assist with Self -Empowerment as you tune into your own Energy System. Fun, free flowing days with hands on experience and exchange of knowledge. Please bring along your own lunch.

## Assessment

Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive you're The Chakra System Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.

## TOPICS COVERED IN THE CHAKRA SYSTEM

- The Human Aura
- What is a Chakra?
- The 7 Major Chakra's of the Human Body including Location, Colour association, Associated Sense, Associated Crystals, Function in the body including associated imbalances, Life Lesson
- The 7 Chakra Mirrors
- Chakra Affirmations
- Grounding Exercise & Energizing Meditation for each Chakra
- Simple Chakra Balancing Techniques using Crystals
- Chakra Balancing using Energy Chimes (Sound Vibration)
- Spiritual Alchemy Chakra Mists
- Lotus Meditation
- Introduction to the Advanced Chakra System

## SPIRITUAL ARTIST



**3 Days 9am – 5pm**

- \* Activate & Develop your Intuition \*
- \* Create Spiritual Art using the Principles of Sacred Geometry \*
- \* Provide an Intuitive Interpretation & Reading \*
- \* Qualify as a Professional Spiritual Artist \*

### You will receive:

- Pastel Sets
- Art Board
- Clips
- Pastel Paper
- Certificate of Attainment

*Create your own beautiful works of art inspired by positive thoughts and feelings. Allow your inner child to come out and play and your creativity to blossom.*

#### **No artistic experience required!**

*Learn firstly how to draw your own Spiritual Energies - including Aura Colours, Symbols, Crystals, Animals, and Angels using the principles of Sacred Geometry and then learn how to tune into the Spiritual Energies of others and provide an intuitive Interpretation & Reading. This workshop allows you to explore your creativity and gives you the opportunity to activate & develop your intuition as you tune in to the more subtle energies that are all around you. You will learn all of the necessary skills & techniques to qualify as a Professional Spiritual Artist. All materials are provided and are yours to keep. You will create beautiful drawings to take home with you.*

*Please wear clothes that you don't mind getting dirty! You may like to bring along an apron to wear. Please also bring along a face washer and hand towel, again old ones that you don't mind getting dirty. Please bring your own lunch.*

### **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Spiritual Artist Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

### **TOPICS COVERED IN SPIRITUAL ARTIST TUITION**

- How to apply Soft & Hard Pastels to Pastel Paper
- How to Draw the Human Face
- How to Draw your own Spiritual Energies using the Principles of Sacred Geometry including: Aura colours, Animals, Crystals, Symbols, Angels
- How to Draw the Spiritual Energies of others
- Development of Intuitive Abilities & Vibrational Alignment
- Provide an Intuitive Interpretation of your Drawing & Reading
- How to work as a Professional Spiritual Artist

# **FENG SHUI**

**1 Day 9am – 5pm**



*You will receive:*

- \* Feng Shui Manual
- \* Workbook
- \* Coloured Pens
- \* Certificate of Attainment

## **\* Feng Shui is the Ancient Art of Placement \***

*Literally translated*

*Feng = Wind & Shui = Water*

*Our homes and possessions are extensions and reflections of ourselves and our own unique personalities. Did you know that according to the Principles of Feng Shui, your Home and all of your Possessions are an extension of your Physical Body, and there are specific body parts associated with specific sectors of your Home?*

**For Example: your \* Hands \* correspond to the  
\* Spirituality \* Knowledge \* & Wisdom Sector \* of your Home**

*If you store a lot of 'junk' or 'clutter' in this sector of your home or the flow of energy is blocked in some way, the physical result may be stiffness in your fingers & wrists, or an inability to get things done, your Spiritual Growth & Development may also be challenged. Similarly, if the energy is not flowing harmoniously throughout your entire home, you may experience other physical symptoms in your Body as a result.*

**\* If you can relate to this, please join me for a fun day to learn simple techniques to create positive change and bring harmony & balance into your home and your life \***

## **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Feng Shui Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

## **Topics covered in Feng Shui Tuition:**

- \* What is Feng Shui \*
- \* The 5 Elements \*
- \* The 9 Sectors of your Home & how they relate to your Body \*
- \* Affirmations \*
- \* Purification Techniques for Body & Home \*
- \* Guided Meditation \*
- \* Practical Tips to restore balance harmony & flow to your Body Mind Heart Soul & Home \*
- \* Feng Shui for a Successful Business \*

*You will learn to identify the different Sectors of your home applying the principles of the Western Method of Feng Shui and simple techniques to activate each Sector.*

*For example: \* Spirituality \* Knowledge \* & Wisdom \* Sector.*

**\* Please bring along a basic Hand Drawn floor plan of your House or Unit including the shape of your dwelling and the shape of the property \***

**\* Please bring along your own lunch \***

## MYSTICAL NUMBERS

The Study of Numbers otherwise known as Numerology can reveal much about you...your Strengths, Challenges, Life Lessons, Life Purpose, and provide you with insight into how to reach your full potential.

Your Divine Life Path & Purpose can be revealed from your Date of Birth!



**2 Days 9am – 5pm**

**You will receive:**

- *Mystical Numbers Manual*
- *Workbook*
- *Coloured pens*
- *Certificate of Attainment*

During this 2 day course you will be given the keys to unlock your true potential!

**Discover the infinite uses for the application of Mystical Numbers including:**

- \* **Self-Development** \* identify Strengths & Challenges, Health issues, Patterns
- \* **Children** \* support early development, choosing best name, understand your children better
- \* **Business** \* Name / website / Street Address / Contact Number: choose the best combination for prosperity & sharing your products & message
- \* **Identify Monthly / Yearly Cycles & Trends** \* to support harmonious flow through life
- \* **Your Name** \* explore what the numbers reveal about you
- \* **Street Address / House Number** \* best numbers for business & working from home & happy home environment
- \* **Managers / Employers** \* understand your staff & boost productivity, choose the best staff member for the appropriate role

Please bring along your own lunch.

### Assessment

Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Mystical Numbers Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.

### TOPICS COVERED IN MYSTICAL NUMBERS

- \* Qualities of the Numbers 0 - 9 including Master Numbers
- \* Mystical Numbers Blueprint Grid - identify specific lines of Strength
- \* Missing Numbers / Life Challenges
- \* Health issues associated with specific numbers
- \* Life Lesson / Life Path
- \* Identify Monthly / Yearly Cycles & Trends
- \* Mystical Numbers and your Name - what they reveal about you
- \* Starting a Business? Changing your Name? Check out what the numbers have to say
- \* Street Address / House Number: best numbers for Family, Business & productivity
- \* Managers \* better understand your staff and boost productivity

## **THE TAROT - For the Inquisitive Intuitive**

*This workshop has been designed to simplify THE TAROT.*

*As you explore each aspect of this Ancient Divination System you will also go on a journey of Self- Discovery to further activate & develop your own intuitive abilities.*



**2 Days 9am – 5pm**

### **You will receive:**

- *Universal Waite Deck of Tarot Cards*
- *Tarot Manual*
- *Workbook*
- *Coloured pens*
- *Certificate of Attainment*

**During this fun workshop which is suitable for all levels you will learn to:**

*\* Give and receive a Tarot Reading \**

*\* Learn about the Celtic Cross Spread \**

*\* Identify the Major and Minor Arcana Cards \**

*Join in for 2 fun & informative days as you learn to develop your confidence & intuition and enjoy the experience of giving and receiving clear and accurate TAROT Card Readings using the traditional Universal Waite deck of Tarot Cards.*

*Please bring along your own lunch.*

### **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Tarot Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

### **TOPICS COVERED IN THE TAROT**

- *Learn and explore each card within the Traditional Universal Waite Tarot Deck including: Major Arcana, Minor Arcana, the 4 Suits, and the Court Cards*
- *Identify the Secret of the Soul Tarot Card according to your Date of Birth*
- *Identify the Destiny of the Soul Tarot Card for the Current Year*
- *Learn about the Celtic Cross Tarot Spread*
- *Develop your Intuition & Confidence*
- *Give & Receive Accurate Tarot Card Readings*

# STARFLOWER'S CRYSTAL THERAPY 1

2 Days 9am – 5pm



## You will receive:

- \* Chakra Set of 7 Crystals
- \* Crystal Wand
- \* Crystal Gridding Set  
(Crystal Sphere + 6 Crystal points)
- \* Manual
- \* Workbook
- \* Coloured Pens
- \* Certificate of Attainment

## \* Experience the Magic of the Crystal Kingdom \*

- \* Create Simple Crystal Grids using your Crystal Wand \*
- \* Learn how to Cleanse & program your Crystals \*
- \* Explore the energy of Crystal Oracle Cards \*
- \* Meet the Crystal Spirits \*
- \* Awaken Ancient Knowledge & Wisdom with the Crystal Pool of Light Meditation \*
- \* Experience a Divine Crystal Energy Balance \*

All materials are provided; however, bring along your own special crystals if you wish.  
Please bring along your own lunch.

## Assessment

Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Starflower's Crystal Therapy 1 Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.

## TOPICS COVERED IN STARFLOWER'S CRYSTAL THERAPY 1

- Definition of a Crystal - Piezoelectrics, Structural differences, Chemical compositions
- Origins of Crystal Therapy – Atlantis, Lemuria, Avalon
- Learn how to Cleanse & Program your Crystals
- Create Simple Crystal Grids using your Crystal Wand
- How to create Sacred Space / Sacred Circle
- Explore the energy of Crystal Oracle Cards
- Meet the Crystal Spirits through Guided Meditation
- Awaken Ancient Knowledge & Wisdom with the Crystal Pool of Light Meditation
- Summary of the Chakra System
- Experience a Chakra Crystal Balance
- Experience a Divine Crystal Energy Balance

## **STARFLOWER'S CRYSTAL THERAPY 2**

**2 Days 9am – 5pm**



**You will receive:**

- \* 2 x Sets of 8 Crystals (Flat Stones)
- \* Manual
- \* Spiritual Alchemy Mist
- \* Spiritual Alchemy Elixir
- \* Workbook
- \* Coloured Pens
- \* Certificate of Attainment

**\* Experience the Magic of the Crystal Kingdom \***

- \* Apply Simple Crystal Layouts \*
- \* Create your own personalised Spiritual Alchemy Mist and Elixir
- \* Explore the energy of the Crystal Oracle Cards \*
- \* Experience a Crystal Energy Balance \*

**Pre-Requisite: Starflower's Crystal Therapy 1**

*All materials are provided; however, bring along your own special crystals if you wish. Please bring along your own lunch.*

### **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Starflower's Crystal Therapy 2 Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

### **TOPICS COVERED IN STARFLOWER'S CRYSTAL THERAPY 2**

- *Apply Simple Crystal Layouts*
- *Ethics of being a Crystal Wisdom Practitioner*
- *Effective Communication with your Client*
- *Bodywork Etiquette*
- *How to set up a Business*
- *Initiating Appropriate Exchange for your Services*
- *How to create Crystal Mists and Elixirs*
- *Use Crystal Oracle Cards to complement a Therapy Session*
- *Intuitive Crystal Layouts*

# STARFLOWER'S CRYSTAL THERAPY MASTER

2 Days 9am – 5pm



**You will receive:**

- \* Lemurian Crystal Wand
- \* Master Crystal
- \* Manual
- \* Workbook
- \* Coloured Pens
- \* Certificate of Attainment

**\* Experience the Magic of the Crystal Kingdom \***

- \* Apply Advanced Crystal Layouts \*
- \* Explore Sacred Geometry \*
- \* Activate Earth Star, Causal, Soul Star, Stellar Gateway Chakras \*
- \* Experience the Merkaba Meditation \*
- \* Experience a Sacred Geometry Crystal Balance \*

**Pre-requisites: Starflower's Crystal Therapy 1 & 2**

*All materials are provided; however, bring along your own special crystals if you wish. Please bring along your own lunch.*

## Assessment

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Starflower's Crystal Therapy Master Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

## TOPICS COVERED IN STARFLOWER'S CRYSTAL THERAPY MASTER

### Sacred Geometry

- Platonic Solids
- Flower of Life
- Merkaba
- Exploration and Activation of the Earth Star, Soul Star, Causal, Stellar Gateway, Universal, Divine Gateway Chakras
- Galactic Origins of Crystal Technology
- Master Crystals
- Etheric Surgery
- Apply Crystals to activate Vibrational Alignment, Balance, Harmony
- Advanced Crystal Layouts & Grids
- Experience the Merkaba Meditation
- Experience a Sacred Geometry Crystal Balance



## **ELEMENTAL ALCHEMY**

**2 Days 9am – 5pm**



**You will receive:**

- *Crystal Manual*
- *Workbook*
- *Coloured Pens*
- *Certificate of Attainment*

**\* This course must be attended as a facet of Starflower's Spiritual Alchemy Tuition \***

- \* *Create an Altar* \*
- \* *Design your own Meditation* \*
- \* *Explore the Elements of Earth, Air, Fire, Water & Spirit* \*
- \* *Experience the Crystal Power Meditation* \*
- \* *Spirit Release Techniques* \*
- \* *Discover your Magical Name* \*

*Elemental Alchemy offers you the opportunity to Step through the Doorway, Transform your Awareness and Begin the Journey to reach your Highest Potential. Explore the Mystical, Magical, Vibrational World which is all around you. Please bring along your own lunch.*

### **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your Elemental Alchemy Certificate on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.*

### **TOPICS COVERED IN ELEMENTAL ALCHEMY**

- *What is Elemental Alchemy?*
- *How to Create an Altar*
- *Design your own Meditation – tips & techniques*
- *Explore the Elements of Earth, Air, Fire, Water & Spirit*
- *Experience the Crystal Power Meditation*
- *Spirit Release Techniques*
- *Discover your Magical Name*

## FEATHER WAND

A Feather Wand is a very useful addition to your Spiritual Tool Kit!

**1 Day 9am – 5pm**



### You will receive:

- Feathers
- Wooden / Bamboo branch
- Leather binding
- Coloured thread
- Crystals
- Sage Smudge Stick
- Certificate of Attainment

- Weave together the Elements to create your Magical Wand
- Sacred Ceremony of Initiation to Bless your Wand
- Perform Aura Cleansing using your Feather Wand

Join me for a wonderful day where you will firstly choose a suitable Wooden / Bamboo Branch to be the base for your Wand from my personal collection of branches gathered from the local area. Materials will be provided...glue, leather binding, thread, and crystals, however, please bring along your own special items, shells, feathers, branches, as this will be your day to weave together the elements to create something unique and magical for yourself or someone special!

Once you have created your beautiful Wand, we will close the day by performing a Sacred Ceremony of Initiation. Please bring along your own lunch.

### Assessment

Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your **Feather Wand Certificate** on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.



## THE PENDULUM MASTER

5 Days 9am – 5pm

**Pre-requisites:** Crystal Therapy Master \* Reiki Master \* Feng Shui \* The Tarot \* Elemental Alchemy \* The Chakra System \* Mystical Numbers \*

\* Learn how to Program & use your Crystal Pendulum to perform Advanced Dowsing Techniques using specialized Dowsing Charts to receive Accurate & Precise Readings for yourself & others

### You will receive:

- Crystal Pendulum
- Manual
- Advanced Dowsing Charts
- Workbook
- Coloured Pens
- Certificate of Attainment



\* Explore an Ancient Method of Divination with your Crystal Pendulum \*

### Topics covered in The Pendulum Master Tuition:

\* What is Dowsing?

\* Ethics of Dowsing using your Crystal Pendulum

\* How to Cleanse, Activate & Program your Crystal Pendulum

\* How to use Advanced Dowsing Charts to receive accurate & precise Readings for yourself & others

\* Dowsing Charts include:

- The 5 Element Emotions Chart
- Feng Shui Bagua Chart
- Specific Concepts to Explore
- Corrections Chart, and much more.

\* How to identify & apply appropriate Corrections using your Crystal Pendulum

\* How to perform a Therapy Session incorporating Crystals, Sacred Geometry, Colour, Sound, Reiki, 5 Element System, Chakra System, & much more for yourself & others using your Crystal Pendulum

### Assessment

Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your **Pendulum Master Certificate** on Successful Completion of this Training Course. Access to ongoing support & mentoring is available as required.

## **STARFLOWER'S SPIRITUAL ALCHEMY MENTORING TUITION**

**\* Receive all of the necessary skills to be a Spiritual Mentor \***

**2 Days Tuition 9am – 5pm**



**You will receive:**

- *Spiritual Alchemy Mentoring Manual*
- *Coloured Pens*
- *Workbook*
- *Certificate of Attainment*
- ***Receive 5 x 3hr Spiritual Mentoring Sessions***
- ***Perform Spiritual Mentoring for 2 Clients***

**Pre-requisites:** *Reiki Master, Crystal Therapy Master, The Tarot, Mystical Numbers, Feng Shui, The Chakra System, Elemental Alchemy, The Pendulum*

*This is the final step in your journey of becoming a Spiritual Mentor.*

*You have gained much wisdom, knowledge and experience over the last 12 months or more and are now ready to step into the role of Spiritual Mentor.*

**Topics covered in Starflower's Spiritual Alchemy Mentoring Tuition:**

- *Self-Reflection Therapeutic Techniques*
- *Goal Setting*
- *Applying specific Therapeutic Techniques*
- *Ethics of being a Spiritual Mentor*

*You will learn specific techniques to guide your client through the process of self-reflection along with effective Goal Setting, and applying & integrating specific therapeutic techniques including Reiki, Crystal Therapy, Chakra Balancing, Intuitive Oracle Card Reading and Dowsing with a Crystal Pendulum to assist your client on their path to aligning with their Divine Life Path and Purpose and demonstrating the full expression of their Divine Design.*

*Firstly, you will experience receiving Spiritual Alchemy Mentoring yourself as a client which involves 5 x 3hr Sessions of personal self-reflection and review of all aspects of your life including experience and integration of specific therapeutic techniques and goal setting to achieve specific outcomes in specific timeframes.*

*After you have completed your personal Spiritual Alchemy Mentoring journey, you will then experience 2 days of Spiritual Alchemy Mentoring Tuition to integrate all that you have learned and step into the role of Spiritual Mentor.*

### **Assessment**

*Your ability to demonstrate practical skills & knowledge will be assessed by observation & completion of a competency checklist. You will receive your **Starflower's Spiritual Alchemy Mentoring Certificate** on Successful Completion of all 11 Modules and after a minimum period of 12months of enrolment, which also requires the completion of 8 Case Studies: You are required to complete 8 Case Studies for 8 different clients demonstrating competency in your skills & knowledge as a Metaphysical Practitioner.*

- *Reiki: 2 Clients*
- *Crystal Therapy: 2 Clients*
- *The Pendulum: 2 Clients*
- *Spiritual Alchemy Mentoring: 2 Clients*

*Access to ongoing support & mentoring is available as required.*

# \* Starflower's Crystal Wisdom \*

## PAYMENT AND REFUND POLICY



**Dr Sonia Jenkinson**

\* Doctor of Metaphysical Sciences \*

\* Spiritual Alchemist \*

\* Reiki Master \* Teacher \*

\* Crystal Therapist \* Spiritual Artist \* Kinesiologist \*

\* Feng Shui Specialist \* Numerologist \* Intuitive Oracle \*

\* Starflower's Crystal Wisdom \*

\* ACADEMY OF SPIRITUAL ALCHEMY \*

77 Mildmay St Fairfield Brisbane Qld 4103



*m:* +61 419 66 4711

*e:* sonia.starflower@gmail.com

*w:* www.sonistarflower.biz

### PAYMENT OPTIONS

- **Cash**
- **Direct Deposit** (Please contact me for Bank details)
- **Credit Card (MasterCard / Visa), EFTPOS** (in person or online)

\* All Payment options receive a Receipt once your Transaction has been processed \*

### \* PAYMENT FOR THERAPY SESSIONS \*

#### \* In Person Sessions \*

\* Payment in Full is required on arrival at your session please \*

\* Payment in Full when booking your session  
may be requested to secure your appointment for special dates (e.g 11/11) \*

#### \* Distant Sessions \*

\* Payment in Full is required when booking your Session please \*

### \* REGISTRATION & PAYMENT FOR TUITION \*

- **Payment in Full is the preferred option please.**
- **\$100 Deposit** is also available to secure your place and preferred date for each requested Tuition Module / Individual Subject please.
- **Instalments:** if paying in instalments, the **Final Payment** of each Tuition Module / Individual Subject is to be paid at least **72hrs prior** to the commencement of each Tuition Module / Subject please.
- **Payment Method:** Please specify your preferred payment method when making your booking.
- **Payment plans are available by request.**

# \* Starflower's Crystal Wisdom \*

## PAYMENT AND REFUND POLICY



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### \* REFUND POLICY \*

#### \* Tuition \*

No Refunds will be issued, however if due to unforeseen circumstances you are unable to attend the Training Course at the scheduled time, you will receive a Credit for the amount that you have already paid, and your Training Course attendance time will be Rescheduled.

If you decide not to attend your scheduled Training Course and do not wish to reschedule then you will not receive a Refund.

If due to unforeseen circumstances, I have to reschedule a Training Course then you will receive a Credit for the amount that you have already paid, and the Training Course will be rescheduled.

#### \* Tuition Packages \*

Each Tuition Package is valid for 12 months from date of payment.

(e.g. Deluxe Starflower's Crystal Therapy Master Tuition Package / Deluxe Reiki Master Tuition Package)

All Tuition and Therapy Sessions are to be attended and completed within 12 months.

The Tuition Package components cannot be altered or substituted for other therapy sessions or training modules.

#### \* Therapy Session \*

No Refunds will be issued. If due to unforeseen circumstances you are unable to attend your Therapy Session at the scheduled time, you will receive a Credit for the amount that you have already paid, and your Therapy Session attendance time will be Rescheduled.

If you decide not to attend your scheduled Therapy Session and do not wish to reschedule then you will not receive a Refund. If due to unforeseen circumstances, I have to reschedule a Therapy Session then you will receive a Credit for the amount that you have already paid, and the Therapy Session will be rescheduled.

#### \* Mentoring Journey \*

No Refunds will be issued. Each Mentoring Journey Package is valid for 12 months from date of payment. All Therapy Sessions are to be attended and completed within 12 months. The Mentoring Journey components cannot be altered or substituted for other therapy sessions \*

#### \* Spirit Art \*

No Refunds will be issued. I use Australia Post Mailing Services. All care is taken to package and send your items, however I do not take any responsibility for items being lost or damaged in the Mail. I do however request that a special team of Delivery Angels accompany your package to see it to your door safely!

# \* Starflower's Crystal Wisdom \*

\* ACADEMY OF SPIRITUAL ALCHEMY HOUSE RULES & CODE OF CONDUCT \*



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- \* Attendance at Starflower's Crystal Wisdom Academy of Spiritual Alchemy is by appointment only and by invitation.
- \* The Academy is a place of light, love, joy, peace, tranquility, healing, and learning.
- \* Students & Clients are guests at the Academy and are required to conduct themselves in a responsible & courteous manner.
- \* Students & Clients will remain fully clothed at all times. All Therapy sessions & Tuition are designed to assist the Client & Student in attaining deep relaxation along with personal growth and transformation. These methods are all forms of complementary therapy and in no way replace conventional medicine.
- \* Smoking, Alcohol, Illicit Drugs, are not permitted on the premises, and Students / Clients under the influence of alcohol, illicit drugs will not be permitted on the premises.
- \* Students & Clients are required to be punctual and arrive for training & therapy sessions in a timely manner.
- \* Students are required to participate in the activities of learning as requested and demonstrated by the trainer to meet the standards required for the qualification.
- \* Students are required to meet a behaviour standard that does not interfere with the learning of other students or the ability for the trainer to deliver the training.
- \* After either verbal or written warning, if any student's behaviour is deemed by the Trainer to be unacceptable or inappropriate, then the Trainer may exercise the right to suspend or cancel services to the student without refund, at which time the student in question is required to leave the training premises immediately.
- \* Likewise, after either verbal or written warning, if any client's behaviour is deemed by the Therapist to be unacceptable or inappropriate, then the Therapist may exercise the right to suspend or cancel services to the client without refund, at which time the client in question is required to leave the premises immediately.
- \* My beautiful Black Cat, Star, is my familiar, my companion, and a very spoilt resident at the Academy and may wish to greet you or participate in some other Divinely Guided way during your Therapy Session and Tuition. Star is an indoor cat, so please be mindful when entering or exiting the Academy. **Please note:** Star is a rescue cat and was very cruelly treated before she came to live with me. She is very curious and playful, however if she feels threatened or senses uneasy energy she may react with a hiss or attempt to scratch (however this is very unusual), so if you are unfamiliar with the nature of cats, please treat her with caution until she gets to know you.
- \* Students are responsible for bringing along their own food & eating utensils. A fridge is available to store cold items. Kitchen facilities are available, but not a microwave.

\* Starflower's Crystal Wisdom House Rules & Code of Conduct \*

# \* Starflower's Crystal Wisdom \*

## RESOLUTION POLICY



### Dr Sonia Jenkinson

\* Doctor of Metaphysical Sciences \*

\* Spiritual Alchemist \*

\* Reiki Master \* Teacher \*

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Clients and students who choose to experience a Therapy Session or Tuition with Sonia Jenkinson are required to sign a client agreement form prior to the commencement of a Therapy Session or Tuition experience which includes acknowledgement and understanding of the Payment and Refund Policy, Academy of Spiritual Alchemy Code of Conduct and House Rules, and Resolution Policy at Starflower's Crystal Wisdom.

Each Client has the opportunity to ask clarifying questions about their chosen therapeutic experience prior to signing the client agreement form, where all effort is made to ensure each client is fully aware of their rights and responsibilities and also what to expect during their chosen therapeutic experience. If the client has any concerns during or after their chosen therapeutic experience, they are encouraged to communicate with Sonia directly to discuss their concerns, where every effort is made to find a peaceful resolution for all involved in a fair, just, transparent, and ethical manner in accordance with the agreed upon policies.

Each Student has the opportunity to ask clarifying questions about their chosen tuition experience prior to signing the client agreement form, where all effort is made to ensure each student is fully aware of their rights and responsibilities and also what to expect during their chosen tuition experience. If the student has any concerns during or after their chosen tuition experience, they are encouraged to communicate with Sonia directly to discuss their concerns, where every effort is made to find a peaceful resolution for all involved in a fair, just, transparent, and ethical manner in accordance with the agreed upon policies.

**STARFLOWER'S CRYSTAL WISDOM**  
**STARFLOWER'S SPIRITUAL ALCHEMY MENTORING**  
**COMPLETE TRAINING PACKAGE**  
(11 Modules)



**Dr Sonia Jenkinson**

\* Doctor of Metaphysical Sciences \*

\* Spiritual Alchemist \*

\* Reiki Master \* Teacher \*

\* Crystal Therapist \* Spiritual Artist \* Kinesiologist \*

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Email: \_\_\_\_\_

Newsletter: Subscribe Yes / No

Occupation: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_

I, \_\_\_\_\_, hereby request the services of Sonia Jenkinson for the purpose of assisting me to access my own inner resources of Divine Source Energy, so that I may embody Divine Love, Sovereignty, and the full expression of my Divine Design.

I agree to the terms and conditions as stated in the Starflower's Crystal Wisdom Spiritual Alchemy House Rules & Code of Conduct.

I agree to the terms and conditions as stated in the Starflower's Crystal Wisdom Payment and Refund Policy and Resolution Policy.

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Signature of client or of parent/guardian/family member present  
(please state relationship) signing on client's behalf